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| **WEEK 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast |
| **AM Snack** | Fruit platter | Fruit platter | Fruit platter | Fruit platter | Fruit platter |
| **Starter** |  | Homemade Garlic bread | Hummus & pittas |  |  |
| **Lunch** | Chicken Carbonara served with Salad | Cottage pie | Roast Chicken with potatoes Parmenter & Green Beans | Spaghetti Bolognese with garlic bread and vegetable sticks | Fish fingers with new potatoes & mixed veg |
| **Pudding** | Fresh Fruit & Yoghurt |  |  | Malt Loaf & Fruit | Banana & Sultana Oaty Cookie |
| **Starter** | Cheese sticks & Celery sticks |  |  | Mixed salad |  |
| **Tea** | Sweet Potatoes & Lentil soup with bread rolls | Tomato Basil Penne Pasta | Broccoli & sweet potato bake | Cous Cous with Chicken & Beetroot | Veg Lasagne |
| **Pudding** |  | Krispie cake served with milk | Cinnamon, golden syrup & Oat biscuits served with milk |  |  |

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| **WEEK 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast |
| **AM Snack** | Fruit platter | Fruit platter | Fruit platter | Fruit platter | Fruit platter |
| **Starter** |  | Veg crudities & dips |  | Homemade garlic bread |  |
| **Lunch** | Roast veg & Red Lentil pasta | Sausage casserole & mashed potatoes | Roast chicken with herby potatoes & Mixed veg | Meatballs with spaghetti & salad | Salmon in parsley sauce, new potatoes & green beans |
| **Pudding** | Malt loaf & Fruit |  | Fresh Fruit yoghurt |  | Banana & Sultana Oaty cookie |
| **Starter** | Fresh rolls with butter | Hash browns |  |  |  |
| **Tea** | Tomato & Basil soup with cheese sticks | Baked beans/spaghetti hoops on toast | Jacket potato with a choice of fillings | Mixed veg & red pepper fajitas | Cheesy peasy pasta |
| **Pudding** |  |  | Fruit crumble & custard | Carrot cake | Cranberry flapjack |

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| **WEEK 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast |
| **AM Snack** | Fruit platter | Fruit platter | Fruit platter | Fruit platter | Fruit platter |
| **Starter** | Toasted muffin |  |  | Homemade garlic bread |  |
| **Lunch** | Sausage & Spaghetti hoops with side salad | Tuna & sweetcorn pasta with salad | Roast chicken with herby potatoes & Mixed veg | Chicken carbonara with salad | Cod Goujons with yoghurt & paprika dip, roast potatoes & Peas |
| **Pudding** |  | Malt Loaf & Fruit | Fresh Fruit & Yoghurt |  | Banana & Sultana Oaty Cookie |
| **Starter** |  |  | Veg crudities & dips |  | Red Pepper & Celery |
| **Tea** | Broccoli & Sweet Potatoes soup with bread rolls/wholemeal bread | Jacket potato & choice of fillings | Mediterranean Veg penne | Veg chilli con carne with mashed potato | Mexican bean & cheese wraps |
| **Pudding** | Rice pudding | Courgette & raisin muffins |  | Sweetcorn cupcake |  |

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| **WEEK 4** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast | A variety of cereals / toast |
| **AM Snack** | Fruit platter | Fruit platter | Fruit platter | Fruit platter | Fruit platter |
| **Starter** |  | Homemade Garlic bread |  | Herby potato wedges |  |
| **Lunch** | Spanish Chicken with Rice | Savoury Beef mince with rice & green beans | Roast Chicken with roasted new potatoes & mixed veg | Sausage Casserole | Fish pie |
| **Pudding** | Malt Loaf & Fruit |  | Banana & Sultana Oaty Cookie |  | Fresh fruit & yoghurt |
| **Starter** | Homemade Garlic bread |  | Hash Browns |  |  |
| **Tea** | Tomato & Basil soup with cheese sticks | Vegetarian Spanish Tortillas | Baked beans/spaghetti hoops on toast | Pea, sweetcorn & leek pasta bake | Jacket potato & a choice of fillings |
| **Pudding** |  | Banana cake |  | Chocolate shortbread biscuits | Cinnamon Swirl |