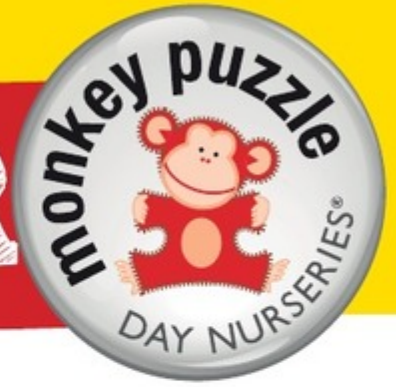


WELCOME TO

December 2022

NEWSLETTER



WELCOME TO OUR MONTHLY EDITION OF MONKEY NEWS

Nursery Manager



The month of November has seen the nursery getting active and sporty, with lots of lovely activities based around sports and exercises. It has allowed the children throughout the nursery to practice their physical development, and helped gain an understanding around how their bodies work and the different types of sports.

The big part of this topic this month has of course been the start of the world cup which has allowed the children to develop a wide range of skills relating to a range of aspects to this. The younger children have been working on their physical skills through kicking and throwing balls, and have enjoyed creating a range of craft activities creating different flags etc. Working our way around the nursery, our older children have been looking at and developing their communication and critical skills by talking about the different countries and looking at, and comparing the different flags.

The nursery has taken part in some festivals and celebrations this month. The first being fireworks night, where the children have explored the different colours and patterns that fireworks make. The children then reflected on Remembrance day by creating their own poppies and the children in preschool holding a two minute silence.

The nursery moves into December where we begin our festive activities and celebrations. We look forward to exploring our topic of 'Christmas / Winter' and of course celebrating Christmas with lots of fun and exciting activities and experiences happening.

I would just like to remind you that as the weather is becoming much colder and wetter to send your children into nursery with appropriate clothing. We are an all weathers nursery so will be exploring and taking part in outdoor play even when it is cold and raining.

Don't forget I'm always around if you have any questions, concerns or feedback. Please don't hesitate to get in contact.

Directors



Welcome to all new children and parents who join our existing Monkey Puzzle community.

We would like to take this opportunity to extend a warm welcome to Khush, Pippa, Roman and Enzo who have joined our Monkey Puzzle family this month.

We have also had lots of birthdays to celebrate in November across the nursery and we would like to once again wish a happy birthday to Ace, Ella, Florence, Archie, Theo, Phoebe, Samuel, Arthur, Jesse, Millie, Harry, Reggie, Evelyn, Kylo, Ayva, Franco and Teddy.



WE WOULD KINDLY ASK ALL PARENTS TO PLEASE TELEPHONE THE NURSERY ON 01206 560 695 BY 9AM IF YOUR CHILD WILL NOT BE ATTENDING NURSERY ON THAT DAY. IN ADDITION WE WOULD ASK YOU ALL TO READ AND FAMILIARISE YOURSELVES WITH OUR SICKNESS EXCLUSION TIMES ON PAGE 9. THANK YOU





We would like to thank all of our children, parents and staff who supported us once again for Children in Need. We had lots of lovely cakes available for you to buy and from all of your generous donations we have raised amazing ...

£109.95

CHRISTMAS CLOSURE

Please note our Christmas closure dates below. We are open normal hours 7.30am - 6.30pm on Friday 23rd December, and then closed until the New Year.

**Nursery Last Day - Friday 23rd
December 2022**

**Nursery Re-Open - Tuesday 3rd
January 2023**

Staff Birthdays

We would like to say Happy Birthday to two of our Monkey Puzzle team who celebrated their birthdays in November, Kelly and Anita.



DATES FOR YOUR DIARY

Theme of the Month for December - Christmas / Winter

Books of the Month for December -

The Jolly Christmas Postman & Twas the Night Before Christmas

5th December - Pre-School Visit to Loganberry Lodge

8th December - Pre-School Panto

9th December - Christmas Jumper Day

9th December - Breakfast with Santa / Santa's Grotto

13th December - Christmas Dinner

23rd - December - Last day of nursery





STARFISH ROOM

NOVEMBER RECAP

This month Starfish have explored lots of different topics, and learnt lots of new things.

Exploring a large scale paint activity and making lots of different marks on the paper.

Our lovely parents and children provided us with bags of autumn natural materials, and we enjoyed exploring all of these in a tray, feeling then different textures and the crunching of the leaves.

Pudsey day arrived and we explored a Pudsey tray with scoops and yellow rice, using this to fill and pour.

Lastly Starfish became mini footballers for the World Cup, moving their own football playdough around the tray into the goal.





NOVEMBER RECAP

RAINBOW DOLPHIN ROOM

This month in November we have had lots of things to celebrate in Rainbow Dolphins.

We began the month with celebrating bonfire a night which was a lovely time for the children to really get involved in learning lots about different colours and getting creative.

For Remembrance Day we decorated some lovely Poppies for the children to take home to show their parents and had some wonderful tuff trays set up for the children to explore.

In between celebrating lots of events this month the children have been focusing on learning about different sports.

With the World Cup coming up we have been practicing our football skills in the garden which has allowed us to really work on our turn taking and social skills with other children. For the World Cup we have been creating flags to celebrate the different countries participating and of course supporting England.

We have also learnt about other different sports and been having a go practicing our throwing skills with the balls in the garden.

One of the children's favourite exercises to do has been dancing where they would be able to move their bodies to the music. Having Jo Jingles come in to nursery has been wonderful for the children as this has allowed them to really express themselves with music and exploring different instruments.

For children in need this months we had lots of Pudsey related activities for the children to get involved with, from Pudsey playdoh to Pudsey crafts for them to explore. It has been a very busy month and we are really looking forward to going into December, we lots of fun events coming up and we can't wait to celebrate Christmas with all the children.





DOLPHIN ROOM

NOVEMBER RECAP

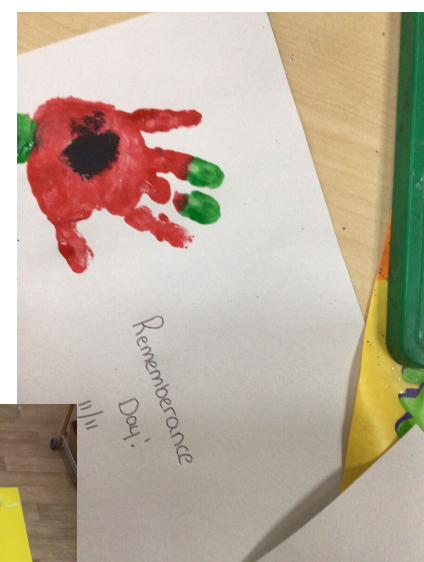


Throughout November we have been focusing on lots of different exciting types of topics in dolphins;

Fireworks/bonfire night, the children have enjoying different activities such as creating their own version of a firework using pipe cleaners, shaving foam and glitter and sticks, we then spoke about the safety of fireworks/sparklers/fire safety. The children then told us about the colours and the sounds they make. We also created our own scarecrow for our fireworks topic, the children really enjoyed helping to create this scarecrow.



Further on in November the children then learnt all about 'Remembrance Day', creating our own poppy pictures and our own versions, we also spoke about the importance of the '2 minute silence' which all the children done really well too. We also spoke about why poppies are signs of respect and remembrance, the children really enjoyed creating their remembrance picture.



Also in November we spoke about 'Children in Need' and 'Pudsey'. We created lots of different activities involving Pudsey, such as creating his spots for our wall display and using a giant piece of paper and cotton wool balls dipped in paint to throw at our big picture of Pudsey the children really enjoyed this. We discussed why we help and support the children and families that need support and need help and how it's a kind thing to do. The children enjoyed all the related activities.





CORAL REEF

Throughout November the children in Coral Reef have been very busy taking part in a wide range of activities.

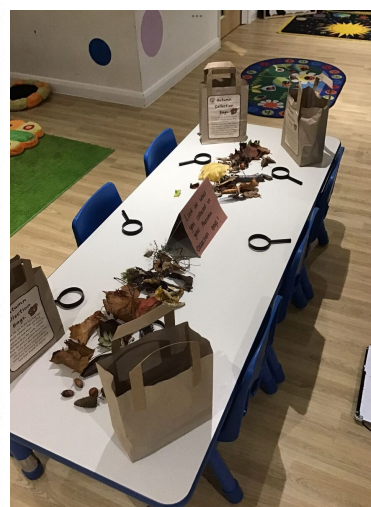
For firework night the children created some beautiful firework pictures as well and junk modelling their own fire work rockets.

The children also took part in lots of activities relating to Children in Need, the children helped Pudsey find his spots, decorated their own Pudsey biscuit and created Pudsey puppets using their cutting skills!

In coral reef we have also taken part in activities based on Remembrance Day, the children created some beautiful pictures of their heroes as well as playing with the loose parts poppy.

Towards the end of the month the children have enjoyed a titles relating to the World Cup, the children have created their own flags, played in the small world football pitch and created trophies!

NOVEMBER RECAP





REFER A FRIEND

Refer a friend to the nursery and if they register you receive **£100 off of your next month's fees**

(T&C's apply)

IMPORTANT NOTES FOR PARENTS

FACEBOOK PRIZE DRAW

Like us on Facebook for regular updates on the nursery and a chance to win in our quarterly prize draw!

www.facebook.com/monkeypuzzlecolchester



- Please check your ParentZone updates and emails from the nursery regularly.
- Please ensure that all of your contact details and your child's emergency contact details are up to date.
- Please check the parent/carer area on the website regularly for updates.
- Please ensure that your children have suitable clothing and footwear for the weather outside as we are an all weather nursery and will still be spending time in the garden every day wherever possible.
- Please ensure Starfish, Rainbow Dolphin and Octopus children have slippers at nursery.

DAY NURSERIES

We are proud to be rated 10/10 on daynurseries.co.uk and voted as a Top 20 Day Nursery in the East of England.

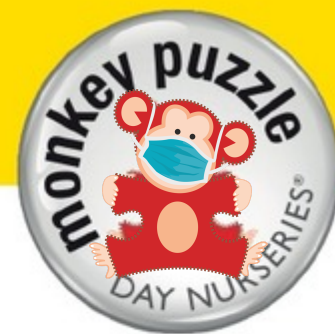
Thank you to all of the parents/carers who have reviewed our nursery!





COVID GUIDANCE

WHAT TO DO IF ...	ACTIONS REQUIRED ...	YOUR CHILD MAY RETURN WHEN ...
... your child has symptoms of COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery Inform the nursery Book a PCR test immediately Self-isolate at home 	... there is a negative test result, or they have been advised that they do not need to isolate
... your child tests positive for COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery Inform the nursery self-isolate for 10 days 	... your child feels better, and they have completed 10 days of self-isolation. Some symptoms such as cough and loss of taste/smell can remain even when the infection has gone
... somebody in your child's household has symptoms of COVID-19	<ul style="list-style-type: none"> Household member to book a PCR test immediately Inform the nursery Self-isolate at home Inform nursery of test result 	... your child may attend nursery as they are under the age of 18 years old as long as they are well with no symptoms of COVID-19
... somebody in your child's household has tested positive for COVID-19	<ul style="list-style-type: none"> Inform the nursery Self-isolate at home for 10 days Book a PCR test for your child 	... your child may attend nursery as they are under the age of 18 years old as long as they are well with no symptoms of COVID-19
... NHS Test & Trace have identified your child as a close contact of someone with confirmed COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery if you have been advised by NHS Test & Trace to self-isolate for 10 days (e.g., if they have come into contact with someone with the Omnicrom variant) Inform the nursery Self-isolate at home for 10 days 	... your child may attend nursery as they are under the age of 18 years old, provided they have not come into contact with someone who has the Omnicrom variant.
... you have received medical advice that your child should shield or should resume shielding	<ul style="list-style-type: none"> Do not send your child to nursery Follow medical advice Inform the nursery 	... you are advised that your child no longer needs to shield
... you have received medical advice that someone in your household should shield or should resume shielding	<ul style="list-style-type: none"> Do not send your child to nursery Contact the nursery manager to discuss any concerns 	... you are advised that the individual no longer needs to shield
... your child has just returned from abroad	<ul style="list-style-type: none"> Do not send your child to nursery until they have taken a PCR test on day 2 after they have returned to the UK Inform the nursery Self-isolate at home for the defined period, this includes whilst you are waiting for their PCR test results. 	... you have completed the defined period of self-isolation; this includes whilst you are waiting for the PCR test results.
... I am unable to get a test for someone in the household who has symptoms	<ul style="list-style-type: none"> If you are not able to get a test in the first 5 days of having symptoms, your child and anyone they live with should stay at home and self-isolate for 10 days. Anyone in your support bubble must also stay at home 	... your child has completed 10 days of self-isolation



ILLNESS / INFECTION	EXCLUSION PERIOD
Chicken Pox	Minimum of 5 days from the onset of the rash and all spots must be fully scabbed over before returning to nursery.
Diarrhoea and/or Vomiting	Whilst symptomatic and for 48 hours after their last bout of sickness or diarrhoea.
Hand, Foot and Mouth	All blisters must have dried out before returning to nursery, usually this is after approximately 4-6 days.
Headlice	There is no recommended exclusion period, however, parents are requested to regularly check their children's hair for head lice and we would be grateful if nursery are informed so that other parents can be alerted to check their child's hair.
Impetigo	Until the lesions have crusted or healed.
Measles	Excluded for 4 days from the onset of the rash.
Scarlet Fever	Excluded from nursery for the first 24 hours after starting treatment.
Whooping Cough	Excluded for 2 days after starting treatment, or 21 days from the onset of symptoms if no antibiotics.
Prescribed Medication	Children must be taking any medication for a minimum of 24 hours before coming in to nursery. Medication can only be administered after the 24 hour exclusion even if your child has previously taken the same medication. All medication must be in its original packaging with the prescription label attached and clearly showing child's name.
Immunisations including Flu nasal spray	If your child has had any form of immunisations, including the Flu nasal spray, they are not permitted to attend nursery for the following 24 hours due to possible allergic reactions.
Infant Suspension - Calpol	If a child develops a fever whilst at nursery the staff will use natural methods first, such as removing clothing, to try and reduce the temperature while closely monitoring the child and contacting the parents. If a child does require emergency Calpol due to a high temperature of 38 degrees or above the parents will be contacted prior to ensure all details are correct and that they agree with the dosage being given. Parents will then be required to collect their child.