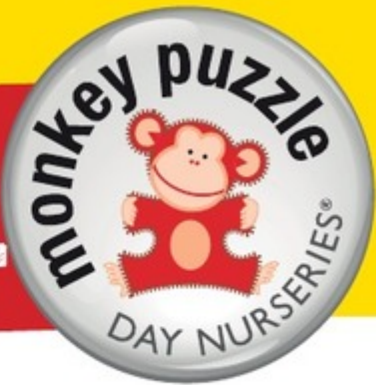


WELCOME TO

October 2022

NEWSLETTER



WELCOME TO OUR MONTHLY EDITION OF MONKEY NEWS

Nursery Manager



September has been a very busy month at the nursery with the many transitions that have been taking place throughout the rooms. The main transition is of course welcoming our many new starters to the nursery, and it has been a pleasure to begin to get to know these and see how settled they have become and the positive relationships they have begun to form with their key person. Another big transition that has happened is of course our 3 year olds moving upstairs into the preschool room, and will begin to develop the skills needed for when they go to school.

Septembers theme has been All About Me, and this has allowed the children to explore themselves, to develop a sense of worth and pride in themselves, and to talk about their own abilities, likes and interests. This has lead us onto lots of conversations around aspects that make us special with the ability to talk about our families, houses and where we live. Some of our older children have began to look into the world and this has lead the conversations onto looking at how children around the world live, the types of houses they live in, and also the schools / places they go to.

We celebrated Roald Dhal day at nursery on the 13th September. The children across the nursery explored the different books, and liked to become involved within the wide range of activities and experiences on offer to them within the rooms. The nursery celebrated Rosh Hashana from the 25th to the 27th September and allowed the children to look at how this festival was celebrated around the world, the children become involved within activities relating to this, and especially enjoyed looking at the pictures of people celebrating this.

The nursery moves onto the new theme in October of Harvest/Fruit/Vegetables where the children will begin looking at the how different fruit and vegetables grow, the life cycle of the plants, and exploring the different textures and materials of the different grains that can be found throughout October.

Directors



Welcome to all new children and parents who join our existing Monkey Puzzle community.

We would like to take this opportunity to extend a warm welcome to Chester, Melissa, Hudson, Amber, Kevin, Douglas, Bonnie, Emilia, Theo, Amelia, Finley, Luca, Florence, Zachary, Ronnie, Rhea and Samuel who have joined our Monkey Puzzle family this month.

We have also had lots of birthdays to celebrate in September across the nursery and we would like to once again wish a happy birthday to Archie, Finley, Cerys, Taylor, Eloisa, Joshua, Ayda, Zion, Riley, Zachary, Amber and Deian.



WE WOULD KINDLY ASK ALL PARENTS TO PLEASE TELEPHONE THE NURSERY ON 01206 560 695 BY 9AM IF YOUR CHILD WILL NOT BE ATTENDING NURSERY ON THAT DAY. IN ADDITION WE WOULD ASK YOU ALL TO READ AND FAMILIARISE YOURSELVES WITH OUR SICKNESS EXCLUSION TIMES ON PAGE 9. THANK YOU



In support of
**WE ARE
MACMILLAN.
CANCER SUPPORT**



MacMillan Bake Sale

£91.06

30th September 2022

We would like to thank all of our parents who supported us and helped to make this year another successful one, raising an amazing £91.06 for Macmillan

Staff Birthdays

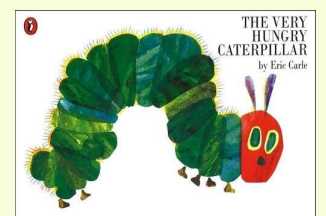
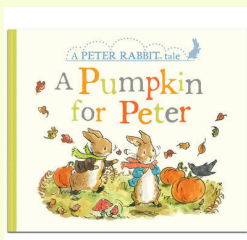
We would like to say a big Happy Birthday to two of our staff members who have recently celebrated their birthdays, Ingrida and Jasmine.



DATES FOR YOUR DIARY

Theme of the Month for September - Harvest / Fruit / Vegetable

Books of the Month for September - A Pumpkin for Peter & The Very Hungry Caterpillar



2nd October - Grandparents Day

23rd October - Harvest Festival

24th October - Diwali

31st October - Halloween





STARFISH ROOM

SEPTEMBER RECAP

Throughout September the children have been looking at where they live and the world.

The children enjoyed learning about where the zoo animals live, exploring them in the enclosed zoo.

The children felt a variety of different materials too including pipe cleaners and different coloured paper.

The children are encouraged to build their own houses using the different coloured wooden blocks, the children built small towers of three and four whilst listening to the practitioners explaining about their homes.

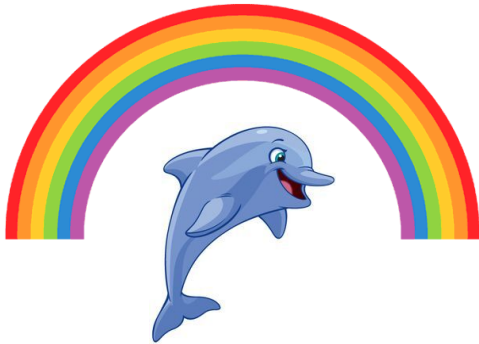
Also in September the children celebrated Roald Dahl day where they became scientists making magic potions using the different coloured food colouring, vinegar and bicarbonate of soda, the children helped pour the water into the beakers provided and watching the bubbles pop up.

The children also used the tools to create marks into the big playdough peach, the children enjoyed using the tools to draw lines through the dough and cut up the dough.





SEPTEMBER RECAP RAINBOW DOLPHIN ROOM



This September Rainbow Dolphins have been busy learning all about themselves and gaining different knowledge about what they look like and what is different about themselves to others.

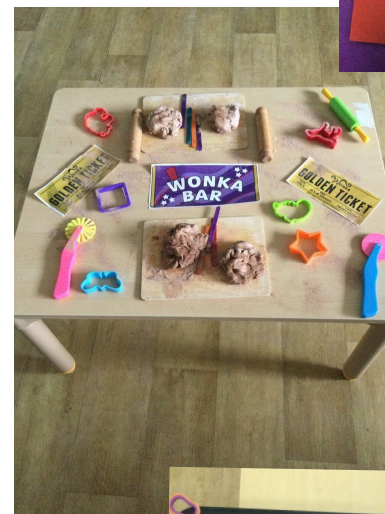
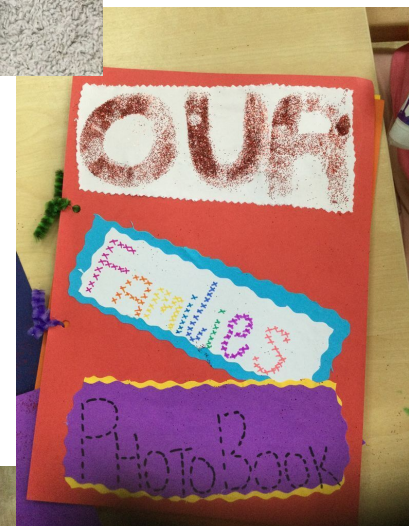
The children have also created a lovely family book for our room. Parents have sent in some wonderful pictures of their families for our special book and the children have really enjoyed sitting down looking at the pictures pointing out who is who. This has been a great activity for communication and language as the children have been using single words and even some being able to put a sentence together talking about their family.

Also this month we have explored different types of buildings where we may live. We looked at pictures and and even created our own cardboard house, the children used paint to decorate the house and we have now used it to play with our small world characters.

In the garden we explored some messy play with jelly, we hid some small world figures in the jelly for the children to find. They loved this activity and enjoyed sneakily tasting the jelly. We have lots of mega blocks at the nursery so these were perfect to use to build houses with.

We have also celebrated Roald Dahl day where we focused on exploring the book Charlie and the Chocolate Factory. We had lots of fun finding the Golden Tickets through the rice trays and playing with chocolate scented water play. The children mostly enjoyed making their own pretend chocolate bars using brown playdoh and sprinkles to decorate them.

We hope to continue having lots of fun in Rainbow Dolphins and look forward to exploring this weather change with all the activities that come alongside it as we go into Autumn.





DOLPHIN ROOM

SEPTEMBER RECAP

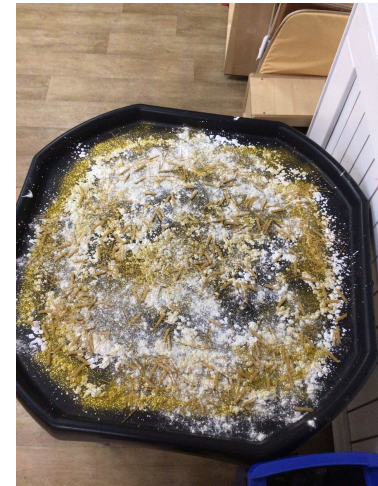
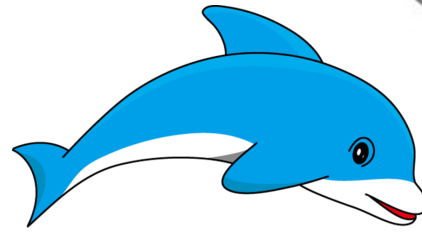
This month in Dolphins the topic for the month has been All About Me.

The children were able to express their favourite colours when creating pictures by giving them a choice and then they decide what colours they wanted to use. The children have also spoken about their houses and what shapes they can find on the house such as triangles, squares, circles and rectangles. The children have also been speaking about their families and who loves them at home. The children made some gingerbread man families which they were able to take home to show their mummies and their daddies.

We have also had some celebrations that we have taken part in as a nursery, in Dolphins the children have celebrated Rosh Hashanah which is the Jewish new year. The children were exploring colours in the form of different coloured oats. The children could use their sense of touch, sight and smell. The children used their noses to smell the oats which were scented with different types of flavouring such as cinnamon and orange. The children used their eyes to explore the colours which had been used such as "blue, green and red." The children also created their very own picnic which they wanted to share with their friends as well as making food for the toy dolls. The children were encouraged to help feed the dolls.

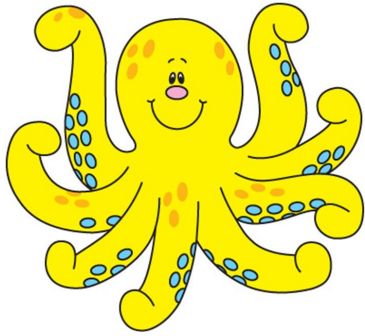
We have celebrated Roald Dahl in Dolphin room by focusing on the book Charlie and the Chocolate Factory. The children in the garden used the giant polydrons to construct their very own glass elevators. The children worked together to put the brick together and then use their whole bodies to crawl inside of it. Within the room the children created their very own golden tickets, we use a lot of sparkly gold glitter and glue to make them stand out. The children also explored chocolate flavoured playdough and were asked by their practitioners if they could make their very own chocolate bars.

This month we have also sadly lost our beloved Queen Elizabeth II. Here at nursery in the Dolphin room the children created their very own Paddington Bear which we left in memory of the Queen over on the field opposite the nursery. The children also laid flowers in loving memory.





OCTOPUS ROOM



Throughout September the children in Coral Reef have been focussing on the topic 'All About Me.'

The children have focussed on activities based on themselves, their families and where they live.

The children have enjoyed activities such as writing the initial letters of their name in rice, drawing their very in family portrait and building houses using the foam bricks and shaving foam.

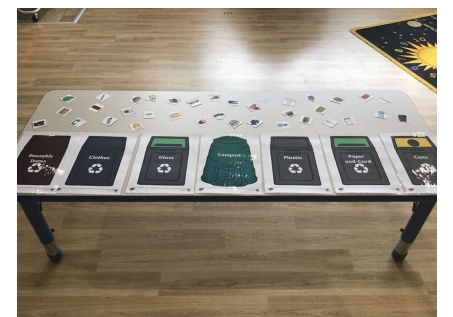
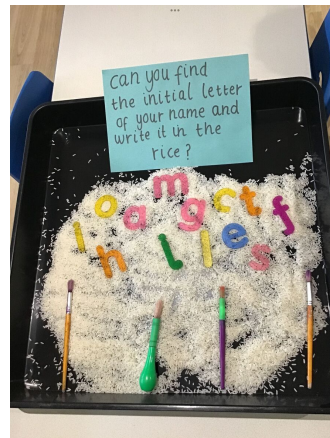
As well as this, throughout our morning and afternoon carpet times the children have enjoyed sharing different information about themselves with their friends.

The children have also taken part in lots of other activities including creating their own stories to celebrate Roald Dahl day and a range of activities for recycling week.

The children learnt about the importance of recycling. As well as this, they helped to sort rubbish into the correct bin and they saved the sea animals from the rubbish that gets thrown into the oceans.

The children in Coral Reef also enjoyed a trip to Sainsburys to pick some lovely flowers to lay by the nursery in honour of HM Queen Elizabeth II. The children picked 3 lovely bunches of flowers and had the opportunity to lay the flowers. The children learnt about the Queen and even got to see the Queen have afternoon tea with Paddington!

SEPTEMBER RECAP





REFER A FRIEND

Refer a friend to the nursery and if they register you receive **£100 off of your next month's fees**

(T&C's apply)

IMPORTANT NOTES FOR PARENTS

FACEBOOK PRIZE DRAW

Like us on Facebook for regular updates on the nursery and a chance to win in our quarterly prize draw!

www.facebook.com/monkeypuzzlecolchester



- Please check your ParentZone updates and emails from the nursery regularly.
- Please ensure that all of your contact details and your child's emergency contact details are up to date.
- Please check the parent/carer area on the website regularly for updates.
- Please ensure that your children have suitable clothing and footwear for the weather outside as we are an all weather nursery and will still be spending time in the garden every day wherever possible.
- Please ensure Starfish, Rainbow Dolphin and Octopus children have slippers at nursery.

DAY NURSERIES

We are proud to be rated 10/10 on daynurseries.co.uk and voted as a Top 20 Day Nursery in the East of England.

Thank you to all of the parents/carers who have reviewed our nursery!





COVID GUIDANCE

WHAT TO DO IF ...	ACTIONS REQUIRED ...	YOUR CHILD MAY RETURN WHEN ...
... your child has symptoms of COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery Inform the nursery Book a PCR test immediately Self-isolate at home 	... there is a negative test result, or they have been advised that they do not need to isolate
... your child tests positive for COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery Inform the nursery self-isolate for 10 days 	... your child feels better, and they have completed 10 days of self-isolation. Some symptoms such as cough and loss of taste/smell can remain even when the infection has gone
... somebody in your child's household has symptoms of COVID-19	<ul style="list-style-type: none"> Household member to book a PCR test immediately Inform the nursery Self-isolate at home Inform nursery of test result 	... your child may attend nursery as they are under the age of 18 years old as long as they are well with no symptoms of COVID-19
... somebody in your child's household has tested positive for COVID-19	<ul style="list-style-type: none"> Inform the nursery Self-isolate at home for 10 days Book a PCR test for your child 	... your child may attend nursery as they are under the age of 18 years old as long as they are well with no symptoms of COVID-19
... NHS Test & Trace have identified your child as a close contact of someone with confirmed COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery if you have been advised by NHS Test & Trace to self-isolate for 10 days (e.g., if they have come into contact with someone with the Omnicrom variant) Inform the nursery Self-isolate at home for 10 days 	... your child may attend nursery as they are under the age of 18 years old, provided they have not come into contact with someone who has the Omnicrom variant.
... you have received medical advice that your child should shield or should resume shielding	<ul style="list-style-type: none"> Do not send your child to nursery Follow medical advice Inform the nursery 	... you are advised that your child no longer needs to shield
... you have received medical advice that someone in your household should shield or should resume shielding	<ul style="list-style-type: none"> Do not send your child to nursery Contact the nursery manager to discuss any concerns 	... you are advised that the individual no longer needs to shield
... your child has just returned from abroad	<ul style="list-style-type: none"> Do not send your child to nursery until they have taken a PCR test on day 2 after they have returned to the UK Inform the nursery Self-isolate at home for the defined period, this includes whilst you are waiting for their PCR test results. 	... you have completed the defined period of self-isolation; this includes whilst you are waiting for the PCR test results.
... I am unable to get a test for someone in the household who has symptoms	<ul style="list-style-type: none"> If you are not able to get a test in the first 5 days of having symptoms, your child and anyone they live with should stay at home and self-isolate for 10 days. Anyone in your support bubble must also stay at home 	... your child has completed 10 days of self-isolation



ILLNESS / INFECTION	EXCLUSION PERIOD
Chicken Pox	Minimum of 5 days from the onset of the rash and all spots must be fully scabbed over before returning to nursery.
Diarrhoea and/or Vomiting	Whilst symptomatic and for 48 hours after their last bout of sickness or diarrhoea.
Hand, Foot and Mouth	All blisters must have dried out before returning to nursery, usually this is after approximately 4-6 days.
Headlice	There is no recommended exclusion period, however, parents are requested to regularly check their children's hair for head lice and we would be grateful if nursery are informed so that other parents can be alerted to check their child's hair.
Impetigo	Until the lesions have crusted or healed.
Measles	Excluded for 4 days from the onset of the rash.
Scarlet Fever	Excluded from nursery for the first 24 hours after starting treatment.
Whooping Cough	Excluded for 2 days after starting treatment, or 21 days from the onset of symptoms if no antibiotics.
Prescribed Medication	Children must be taking any medication for a minimum of 24 hours before coming in to nursery. Medication can only be administered after the 24 hour exclusion even if your child has previously taken the same medication. All medication must be in its original packaging with the prescription label attached and clearly showing child's name.
Immunisations including Flu nasal spray	If your child has had any form of immunisations, including the Flu nasal spray, they are not permitted to attend nursery for the following 24 hours due to possible allergic reactions.
Infant Suspension - Calpol	If a child develops a fever whilst at nursery the staff will use natural methods first, such as removing clothing, to try and reduce the temperature while closely monitoring the child and contacting the parents. If a child does require emergency Calpol due to a high temperature of 38 degrees or above the parents will be contacted prior to ensure all details are correct and that they agree with the dosage being given. Parents will then be required to collect their child.