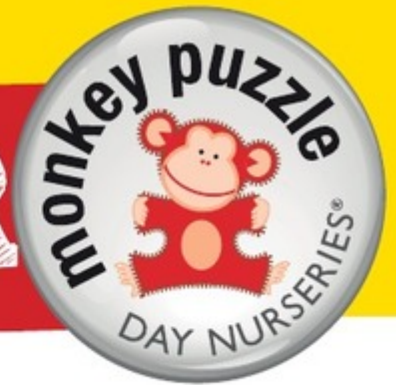


WELCOME TO

August 2022

NEWSLETTER



WELCOME TO OUR MONTHLY EDITION OF MONKEY NEWS

Nursery Manager



Monkey Puzzle Colchester staff and children have been busy throughout July with lots of lovely activities and experiences based around music and movement.

The theme music and movement allowed lots of exploration throughout the rooms, with lots of musical instruments being used and the older children to create their own instruments. The children have been moving in a range of different ways, this being throughout activities around dance, and following different adult's movements.

The children celebrated Independence Day on the 4th of July with lots of activities around this event and America. The children enjoyed creating their own flags and different American themed items.

The garden took a bit of a revamp in July with lots of lovely new resources for the children to explore and take part in. There is now some lovely cosy areas for our younger children, as well as new mats and activities to encourage movement. In our older garden there is now some more large scale musical instruments, construction materials and a brand new bug hotel which the children are looking forward to having plenty of visitors.

The month of August will see the nursery exploring summer, and more importantly the importance of sun safety. This will be carried out throughout a range of summer / sun themed activities and experiences for the children to take part in.



We have had lots of birthdays to celebrate this month across the nursery and we would like to wish a happy birthday to Victor, Hanaan, Annabelle, Isabelle, Riley, Belle, Lara, Dennis, Kane, Bonnie and Nyla.

Directors



Welcome to all new children and parents who join our existing Monkey Puzzle community.

We would like to take this opportunity to extend a warm welcome to Francis, Joshua, Ronnie, Ayda, Constance, George and Olivia who have joined our Monkey Puzzle family this month.



WE WOULD KINDLY ASK ALL PARENTS TO READ AND FAMILIARISE THEMSELVES WITH OUR SICKNESS EXCLUSION AND COVID GUIDANCE INFORMATION ON PAGES 7 AND 8



Graduation 2022

The time of year is very nearly upon us when we say goodbye to our oldest children here at Monkey Puzzle as they go off to school to start a new adventure.

We are so proud of everything the children have achieved here and it has been wonderful to watch them grow and develop into the wonderful little people that they have become.

The date for this years graduation ceremony and leavers disco are as follows:

Graduation Ceremony:

Thursday, 25 August
Nursery Garden 2.30pm - 3.30pm

Leavers Disco:

Thursday 25th August
Stanway Village Hall 6pm - 8pm

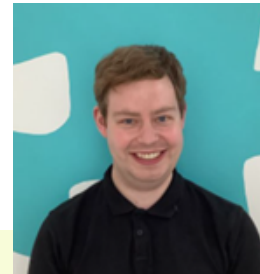
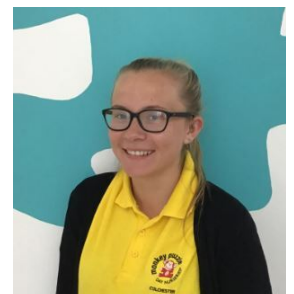


We look forward to seeing you all there!

Staff Birthdays



July has been a busy month for our staff birthdays and we would like to say another Happy Birthday to four of our staff members who have recently celebrated their birthdays, Amy, Danielle, James and Lauren.



DATES FOR YOUR DIARY

Theme of the Month for August - Summer

**Books of the Month for August
The Snail and The Whale
& Commotion in the Ocean**

11th August - Raksha Bandhan

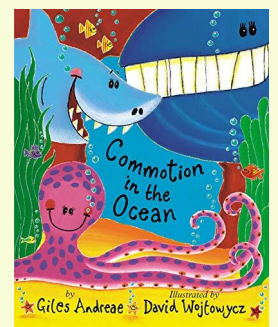
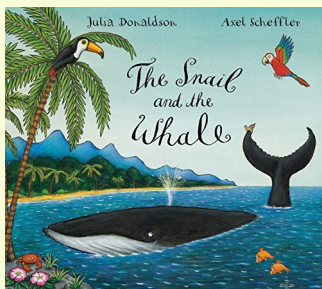
28th July - 8th August - Commonwealth Games

16th August - Tell a Joke Day

26th August - International Dog Day

29th August - Bank Holiday - Nursery CLOSED

25th August - Graduation Ceremony & Leavers Disco





STARFISH ROOM

JULY RECAP

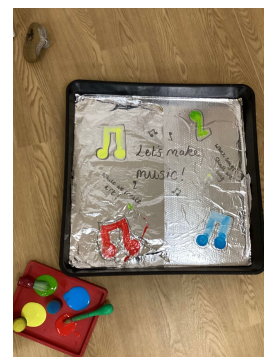
This Month in Starfish room we have been looking at the topic music and movement.

The children have enjoyed a wide range of activities featuring the instruments including an Incy Wincy spider tray where the children were encouraged to push the spiders up and down the cardboard tube spouts all whilst a practitioner sang Incy Wincy.

The children also used rice with different utensils and objects to create their own musical sounds, this included vehicles and animals and also bottles and scoopers.

The children then painted their own musical notes onto the silver foil.

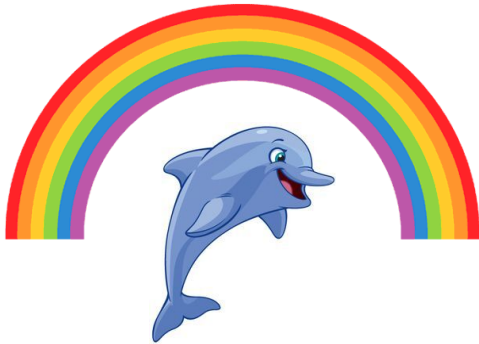
As it was also a very hot month with the sun shining down the children participated in loads of different water and ice play activities, the children explored ice cubes in a tray using their hands to pick up clumps of the ice, there was also sea animals and fish visuals in the tray, the children explored sea animals in water with sponge boats and the children enjoyed cleaning the farm animals using toothbrushes and warm bubbly water.





JULY RECAP

RAINBOW DOLPHIN ROOM



July has been a very busy month in Rainbow Dolphins.

We started off the month by celebrating and learning about American Independence Day. The children enjoyed decorating the American flag and learning about the different colours which we used to do this.

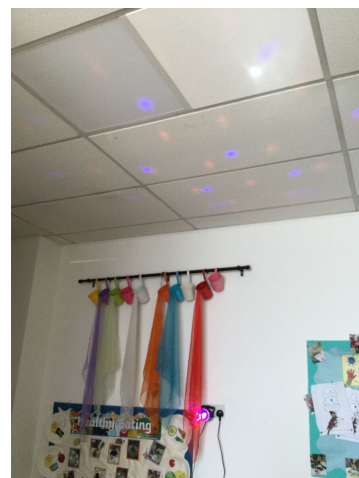
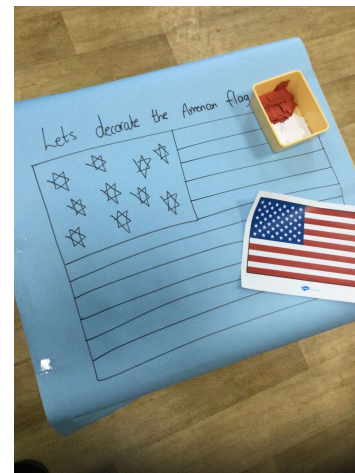
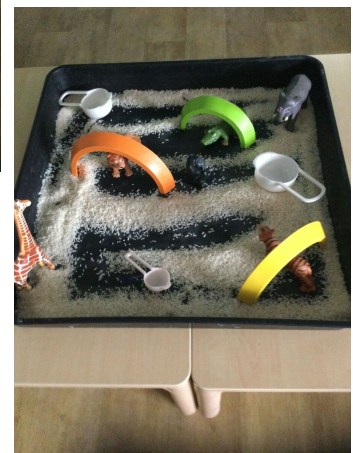
We have also been lucky to experience some very warm weather this month which has led to having lots of fun water play activities with the children. The children have been splashing with their hands and feet and experiencing different sensory play. We also had some yummy ice lollies for a treat on the heatwave days!

Starfish and Rainbow dolphins have been very lucky to have had new garden toys and we have been spending lots of time outside in the garden playing with these and exploring new activities. The children love the soft play toys where we have been using these to practice our rolling and balancing.

Our theme of the month has been music and dance and the children in Rainbow Dolphins have had a great time showing us their best dance moves whilst dancing to the music. The sensory disco light has been a big hit with the children and we have had lots of fun using our musical instruments to the beat of the music.

The children made their very own musical instruments using rice and cups to make a shaker.

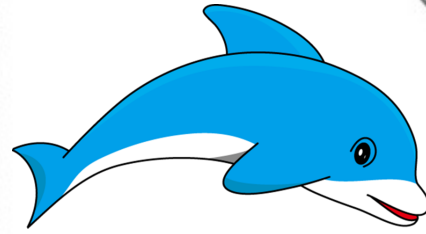
We look forward to experiencing more fun and activities in August and having a fun summer together.





DOLPHIN ROOM

JULY RECAP



July has been a very busy month here at Monkey Puzzle.

The children within Dolphin room have spent some of their time this last month celebrating Independence Day on the 4th of July for USA. The children took part in a range of activities and explored the red white and blue colours of the flag within our playdough activities.

Also within the month of July we have had lots of water and ice play as the weather has been extremely hot and these activities have helped us to keep cool within these hot times.

Some of the activities we had out were lemon and lime slices in the water tray. In this activity the children learnt that the slices of lemons floated whereas the limes sunk to the bottom of our tuff tray. The children also used this activity to help with colour matching and to see if the children could put the correct colours with the correct bowls, fishing them out of the water with their mini fishing nets.

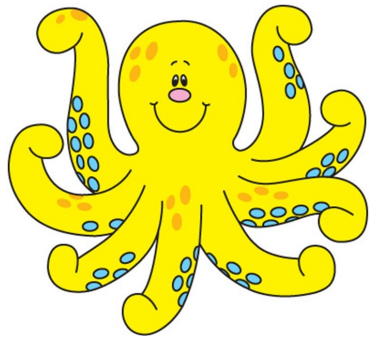
The children have also created their very own car washes within the room. The children used the little push around cars and put them into the tray and used pieces of cotton wool to clean them. This approved to be very popular so we extended this and used our bikes and cars within the garden to make a bigger car wash.

Our topic for this month has been music and movement and we have done so many activities to represent this such as creating our very own musical instruments, using our bodies to find new ways of moving such as taking part in yoga and using the big parachute to help increase our gross motor skills.





OCTOPUS ROOM



Throughout July in Octopus room the children have been busy learning about a range of different things and taking part in a variety of different activities.

At the beginning of the month we celebrated Independence Day, the children created their own Independence Day biscuits using the colours of the American flag as well as using red and blue water in the water tray to take part in a colour mixing experiment. The children were able to see that when they mixed red and blue together it made purple!

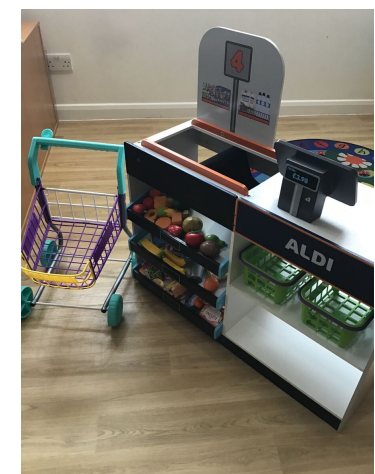
Throughout July we have also been taking part in lots of different ice and water play due to the hot weather we have had.

The children have enjoyed helping the bugs and bears escape from the ice using different tools they found around the nursery as well as playing with the coloured ice hands in the water!

This month in Octopus our topic has been music and movement, the children have enjoyed lots of different activities relating to this including, learning all of the different instrument names, doing a range of different dancing styles including ballet, tap and jazz and singing lots of different songs.

Throughout the month we have all had a range of different drama role play, the role play has been turned into a shop, a post office, a nursery, a fire station and a police station. This has allowed the children to use their imagination during their play and learn about the different occupations that people may have

JULY RECAP





REFER A FRIEND

Refer a friend to the nursery and if they register you receive **£100 off of your next month's fees**

(T&C's apply)

IMPORTANT NOTES FOR PARENTS

FACEBOOK PRIZE DRAW

Like us on Facebook for regular updates on the nursery and a chance to win in our quarterly prize draw!

www.facebook.com/monkeypuzzlecolchester



- Please check your ParentZone updates and emails from the nursery regularly.
- Please ensure that all of your contact details and your child's emergency contact details are up to date.
- Please check the parent/carer area on the website regularly for updates.
- Please remember to provide your child with a named hat and sun cream now the weather is warmer as we will be spending lots of time in our outdoor learning areas.
- Please ensure Starfish, Rainbow Dolphin and Octopus children have slippers at nursery.

DAY NURSERIES

We are proud to be rated 10/10 on daynurseries.co.uk and voted as a Top 20 Day Nursery in the East of England.

Thank you to all of the parents/carers who have reviewed our nursery!





COVID GUIDANCE

WHAT TO DO IF ...	ACTIONS REQUIRED ...	YOUR CHILD MAY RETURN WHEN ...
... your child has symptoms of COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery Inform the nursery Book a PCR test immediately Self-isolate at home 	... there is a negative test result, or they have been advised that they do not need to isolate
... your child tests positive for COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery Inform the nursery self-isolate for 10 days 	... your child feels better, and they have completed 10 days of self-isolation. Some symptoms such as cough and loss of taste/smell can remain even when the infection has gone
... somebody in your child's household has symptoms of COVID-19	<ul style="list-style-type: none"> Household member to book a PCR test immediately Inform the nursery Self-isolate at home Inform nursery of test result 	... your child may attend nursery as they are under the age of 18 years old as long as they are well with no symptoms of COVID-19
... somebody in your child's household has tested positive for COVID-19	<ul style="list-style-type: none"> Inform the nursery Self-isolate at home for 10 days Book a PCR test for your child 	... your child may attend nursery as they are under the age of 18 years old as long as they are well with no symptoms of COVID-19
... NHS Test & Trace have identified your child as a close contact of someone with confirmed COVID-19	<ul style="list-style-type: none"> Do not send your child to nursery if you have been advised by NHS Test & Trace to self-isolate for 10 days (e.g., if they have come into contact with someone with the Omnicrom variant) Inform the nursery Self-isolate at home for 10 days 	... your child may attend nursery as they are under the age of 18 years old, provided they have not come into contact with someone who has the Omnicrom variant.
... you have received medical advice that your child should shield or should resume shielding	<ul style="list-style-type: none"> Do not send your child to nursery Follow medical advice Inform the nursery 	... you are advised that your child no longer needs to shield
... you have received medical advice that someone in your household should shield or should resume shielding	<ul style="list-style-type: none"> Do not send your child to nursery Contact the nursery manager to discuss any concerns 	... you are advised that the individual no longer needs to shield
... your child has just returned from abroad	<ul style="list-style-type: none"> Do not send your child to nursery until they have taken a PCR test on day 2 after they have returned to the UK Inform the nursery Self-isolate at home for the defined period, this includes whilst you are waiting for their PCR test results. 	... you have completed the defined period of self-isolation; this includes whilst you are waiting for the PCR test results.
... I am unable to get a test for someone in the household who has symptoms	<ul style="list-style-type: none"> If you are not able to get a test in the first 5 days of having symptoms, your child and anyone they live with should stay at home and self-isolate for 10 days. Anyone in your support bubble must also stay at home 	... your child has completed 10 days of self-isolation



ILLNESS / INFECTION

EXCLUSION PERIOD

Chicken Pox	Minimum of 5 days from the onset of the rash and all spots must be fully scabbed over before returning to nursery.
Diarrhoea and/or Vomiting	Whilst symptomatic and for 48 hours after their last bout of sickness or diarrhoea.
Hand, Foot and Mouth	All blisters must have dried out before returning to nursery, usually this is after approximately 4-6 days.
Headlice	There is no recommended exclusion period, however, parents are requested to regularly check their children's hair for head lice and we would be grateful if nursery are informed so that other parents can be alerted to check their child's hair.
Impetigo	Until the lesions have crusted or healed.
Measles	Excluded for 4 days from the onset of the rash.
Scarlet Fever	Excluded from nursery for the first 24 hours after starting treatment.
Whooping Cough	Excluded for 2 days after starting treatment, or 21 days from the onset of symptoms if no antibiotics.
Prescribed Medication	Children must be taking any medication for a minimum of 24 hours before coming in to nursery. Medication can only be administered after the 24 hour exclusion even if your child has previously taken the same medication. All medication must be in its original packaging with the prescription label attached and clearly showing child's name.
Immunisations including Flu nasal spray	If your child has had any form of immunisations, including the Flu nasal spray, they are not permitted to attend nursery for the following 24 hours due to possible allergic reactions.
Infant Suspension - Calpol	If a child develops a fever whilst at nursery the staff will use natural methods first, such as removing clothing, to try and reduce the temperature while closely monitoring the child and contacting the parents. If a child does require emergency Calpol due to a high temperature of 38 degrees or above the parents will be contacted prior to ensure all details are correct and that they agree with the dosage being given. Parents will then be required to collect their child.